Health Coaches
AUSTRALIA & NEW ZEALAND ASSOCIATION

CPD Requirements for HCANZA members

HCANZA exists to be the platform for the unity of the profession of health and wellness coaches in Australia and New Zealand. Upholding the higest standards of professional training and ongoing educaton of its members is one key way to achieve this.

HCANZA FULL MEMBERS CPD GUIDELINE:

Each year HCANZA members who wish to retain their Full membership status are required to obtain 10 hours of continuing professional development (CPD). The CPD hours must be accrued in two of three nominated areas of:

1. Coaching
2. Lifestyle medicine or nutrition
3. Business acumen

No more than 60% of CPD hours can be gained in any single area.

One CPD Point is available if a Professional Member attends any session of the HCANZA 'Ask The Expert' that are facilaited once every three months. A maximum total of 4 CPD points are available.

HCANZA ASSOCIATE MEMBERS CPD GUIDELINE

At this time HCANZA does not require its associate members to undertake CPD.

Administration of Full Member CPD

Upon renewal of membership with HCANZA, full members must submit a brief (less than 200 words) written overview of how they have achieved their 10 required CPD hours and sign a declaration that the information they have submitted is true and correct.

HCANZA does not require certificates of attendance or other formal evidence of the CPD, however approximately 20% of renewing members will be audited each year and asked to provide such documentary evidence.