



HCANZA Indigenous and Māori Communities Policy

HCANZA is committed to promoting the representation of Indigenous and Māori peoples at all levels of healthcare organisations, and to creating an environment that is culturally safe and respectful. We understand the importance of cultural recognition, diversity, and belonging in addressing the needs of underserved health communities.

We are committed to ensuring that these values are an integrated part of our own organisation's community advocacy and every Approved Program Provider's curriculum. This will equip health and wellness coaches with the understanding and respect needed to effectively support these communities.

Our stated mission is Co-Creating Universal Health and Wellbeing for All, and this policy is integral to its achievement. By working together, we can create a health and wellness coaching community that reflects this rich diversity and provides opportunities for all to thrive.

Recognition of the cultural identity of Indigenous and Māori communities.

We acknowledge their unique history, traditions, and beliefs. The following series of statements outlines the ways in which HCANZA will work in collaboration with governments, education and training institutions, community leaders and health and wellness coaches to improve health outcomes.

Commitment to cultural safety: we are committed to providing culturally safe health and wellness coaching services that are respectful of cultural values. This includes ensuring that services are delivered in a way that is culturally appropriate. The Treaty of Waitangi, or Te Tiriti o Waitangi, acknowledges values, securing the protection and prosperity of Māori culture, customs, and wellbeing.

Addressing health disparities: we acknowledge the health disparities that exist in these communities and commit to developing and promoting solutions that address the social, cultural, economic, and environmental factors that contribute to these disparities.

Community-led approach: We are committed to a community-led approach to healthcare that involves working with Indigenous and Māori community members, leaders, and organizations to develop policies and initiatives that are responsive to the community's needs that focuses on client led solutions.

Partnership with Indigenous and Māori organizations: We commit to partnering with Indigenous and Māori organizations where appropriate to develop policies and initiatives that promote positive health outcomes and advance the interests of their communities.

Acknowledging traditional healing practices: We recognize the importance of traditional healing practices in Indigenous and Māori communities. We acknowledge the significance of Rongoā Māori, and other traditional healing practices deeply rooted in Indigenous communities.

By promoting physical, psychological, spiritual health, and self-determination we advocate for the respectful and informed integration of these traditional healing methods into health care services.

Education and workforce development: We commit to promoting education and workforce development initiatives that support Indigenous and Māori communities. This includes promoting access to education and training of healthcare workers and healthcare employment opportunities at all levels.